Mark Your Calendar!

Fall into Endo
August 24, 2019 Saturday

Time: 7:30 am - 12:30 pm

Place: National Training Center
South Lake Hospital, Orlando Health
1935 Don Wickham Dr.
Clermont, FL 34787

Topics:
- Safety and Efficacy of Hemospray in acute GI bleeding
Advanced Therapeutic Endoscopy for upper GI Malignancies
The role of the Colorectal Surgeon
Endoscopic Sleeve

4 CEs

Sign up via registration forms found on web site or in your mail box

Click HERE for the event brochure

GOSGNA Update

Hopefully everyone has had a good summer. Our last Regional meeting was held at Viera Hospital in Melbourne. Thank you to Lorraine Blake and WATS 3d for the informative presentation on Diagnosing Barrett’s Esophagus.

School restarts in mid-August. This year your GOSGNA is hosting a new event: Fall into Endo. This is similar to Spring into Endo but only 4 hours. See Mark Your Calendar insert. There will be a continental style breakfast snack and coffee break snacks, NO lunch. Four physicians will be presenting CE topics. There will be a few vendors (please make sure you visit them). Vendors make our events possible by sponsoring SGNA. There will be the 50/50 cash drawing and door prize drawings for four (4) gift cards. Brochures will be mailed out and posted on the web site www.sgnaflorida.org. We are REGION 14, Greater Orlando.

The 2019 FGS/FL-SGNA Annual Meeting will be held at Hilton Orlando Bonnet
Creek on September 13-15, 2019. Registration is now open. You can stay in the hotel at a discounted rate with your registration. If you qualify for scholarship to be reimbursed for your registration, fill out your application and turn it in at the 8/24/2019 meeting.

Next year the 47th Annual Course SGNA will be in Louisville, KY on May 17-19, 2020. The “National” meeting is a lot of fun. You get to meet others from around the country who share our passion for Endoscopy. The vendors share education and new products. The classes are so varied. It is a great event.

Membership in SGNA is dropping. While reaching out to lapsed members, I found that many have retired or moved onto other nursing venues. Our SGNA membership offers us discounted and some free CEs, updates on emerging trends and practices. We are better advocates for our patient when we are better informed on current standards and expectations in the Endoscopy workplace. If you are a member you know the benefits. Encourage your team to become involved in your Greater Orlando Society of Gastroenterology Nurses and Associates.

Identify This!
Can you identify this:
See Footer for Answer
Colorectal Cancer Rates Rising in Younger Adults

Article adapted from Medical News Today

By Catharine Paddock PhD
Published Monday July 22, 2019

A new study in trends in colorectal cancer in the United States confirms that rates among those under 50 years of age are rising. The findings also reveal that diagnoses of colorectal cancer in younger adults are more likely to have advanced disease.

Using data from the National Cancer Database registry, it has been found that 12.2% of colorectal cancer diagnoses in the U.S. in 2015 were in people under the age of 50 compared with 10% in 2004. It was also found the percentage went up in urban regions but not rural regions.

In addition, doctors detected signs of advanced disease in more than half (51.6%) in younger adults compared with 40% in those over age 50.

Colorectal cancer diagnoses in

Most polyps do not become cancerous, but those that do can take years to reach that stage. If cancer does develop in a polyp, it can grow and invade other layers of the colon or rectum wall. From there it invades other parts of the body through the blood or lymph vessels and set up secondary tumors.

Excluding skin cancers, colorectal cancer is the third most diagnosed cancer in both men and women in the U.S.

In 2019, the ACS estimates that 145,600 people in the U.S. will be diagnosed with colorectal cancer. And 51,020 will die of the disease.

Death rates from colorectal cancer for both men and women have been falling for years. Today, there are more than 1 million people living in the U.S. who have survived colorectal cancer.

Lowering screening age

The ACS suggest that the likely
younger adults increased at the same rate across all income levels. However, the highest percentage of diagnoses was among the highest earners.

“Several studies have shown that the rates of colorectal cancer in younger adults have risen slowly in the U.S. since the 1970s,” says Dr. Goodgame, who was a senior author of the study.

“But for practicing physicians, it feels like we are seeing more and more young people with colorectal cancer now than we were even 10 years ago,” he adds.

**Deaths to Colorectal cancer have been falling**

Colorectal cancer develops when cells in the colon or rectum grow out of control and form a mass or tumor. Often, the cancer starts as a polyp, or small growth, on the innermost layer of the wall of the colon or rectum.

reasons for the fall in deaths from colorectal cancer are improved screening and treatment. Earlier diagnosis leads to earlier treatment, which increases the chances of successful treatment.

The ACS guidelines are now recommending that adults aged 45 years and older who are at average risk should have regular screening tests. The screening should be exam by colonoscopy or fecal sample studies for signs of cancer.

It is not clear what is causing the rise in colorectal cancer rates among younger adults in the U.S. However, recent studies are beginning to point to alterations to gut bacteria and the number of people who are overweight or obese.

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EVENTS & CALENDAR 2019

August 24 2019 (new event)
Fall into Endo 4-hour meeting
Orlando Health, South Lake Hospital Campus
National Training Center Building

September 13-15, 2019
Annual Joint SGNA-FGS Meeting
Bonnet Creek Hilton
Orlando, FL
REGISTRATION IS NOW OPEN

November 12, 2019
Regional GOSGNA dinner meeting
TBA
Elections for President and President-Elect 2020-2021 term

2020

May 17-19, 2020
47th Annual Course (National)
Louisville, Kentucky

SGNA Florida
Don’t forget to renew your SGNA membership for 2019 and update your information so you can continue to enjoy all the benefits of SGNA!

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Identify This:
hyperplastic polyp in the duodenal bulb